



Introducing Our Children to Masks

Resources curated by Kimiko Shibata
@ESL_fairy

Images courtesy of [Pixabay](https://pixabay.com/)

Masks for JK-Grade 12

WRDSB has chosen to add an extra layer of safety to school reopening by providing all students attending face-to-face school in grades JK-12 with 5 reusable cloth masks. All students who can safely do so are expected to wear a mask. Students may also choose to wear their own masks from home. All staff will also be expected to wear a mask.

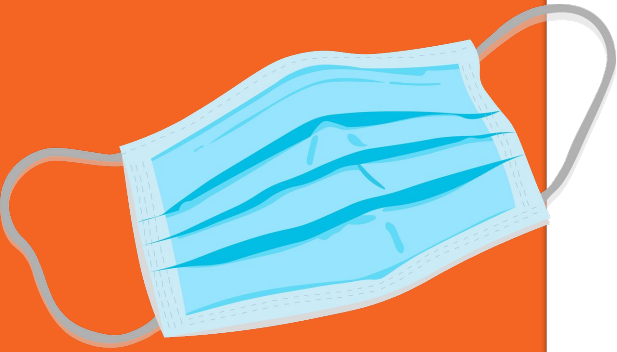




How Can I Help?

Help your child practise:

- cleaning their hands before putting on a mask
- putting their mask on and taking it off
- wearing a mask for half an hour at a time (gradually increase time worn)
- replacing their mask when it becomes damp or dirty
- putting used masks in a designated bag



You can be a germ-buster by wearing a mask!



Tip

Help your child to feel proud to be a “helper”. Wearing a mask at school is one way to show they are helping to keep everyone safe. Remind them that not all children can safely wear a mask, and they are helping to protect these children as well.

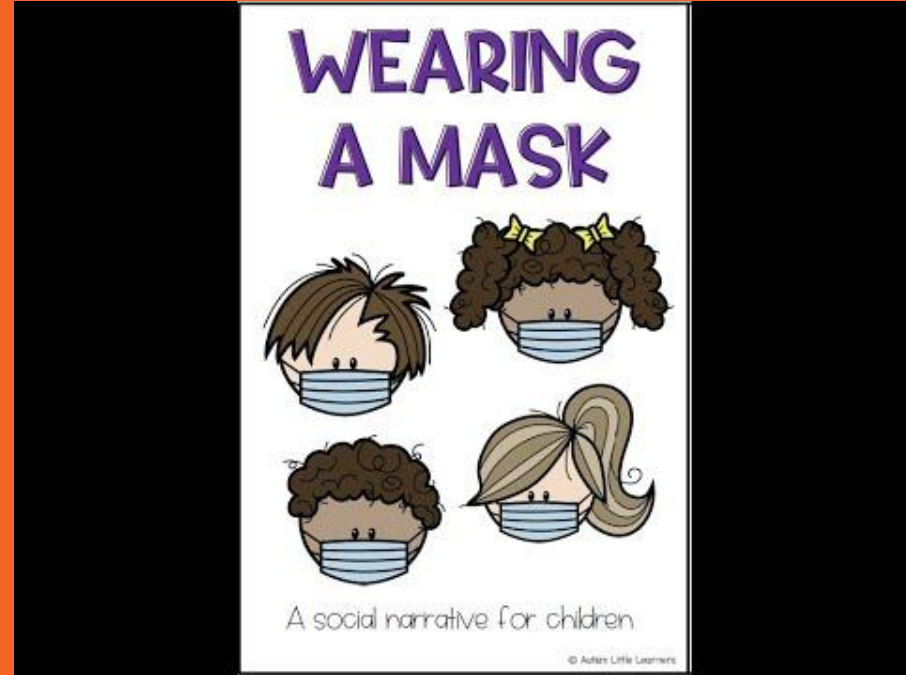
Wearing a Mask: Social Stories for Children

Wearing A Mask At School

How To Wear a Mask

When Can I Stop Wearing a Mask?

Seeing Others in PPE



Parent tips for helping kids adjust to masks



Tip

Be honest about why children are being asked to wear a mask (i.e. to help keep others safe)

Keep it fun. Play “dress up” with masks, role-play, and demonstrate using stuffed toys



Equity Reminder:

Not every child can safely wear a mask at school.

Please remind your child of this fact. A child who is not wearing a mask should never be treated unkindly.





Thank you!

Adjusting to new routines and rules can be difficult. We can set our kids up for success by helping them to understand new expectations. Preparing kids at home will help to cut down on frustration at school. Educators will do our best to help your child adjust to new safety routines at school. Thank you for taking the time to help your child at home!

