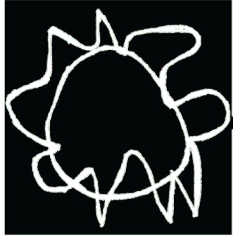


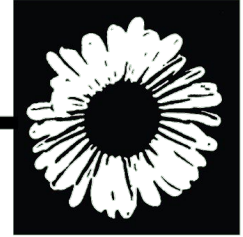
Staying Healthy at



boulder

journey

school

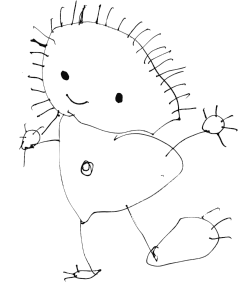
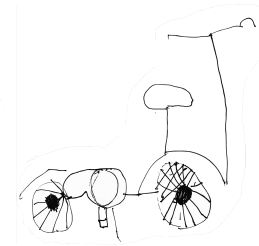


We are going back to school! I'm excited to see my teachers, classroom, and friends. At school, there are some things that will be new and different.

My family will wear masks when they drop me off. The masks cover their mouths and noses, but we can still see their eyes! They wear the masks to keep everyone at school healthy and safe.

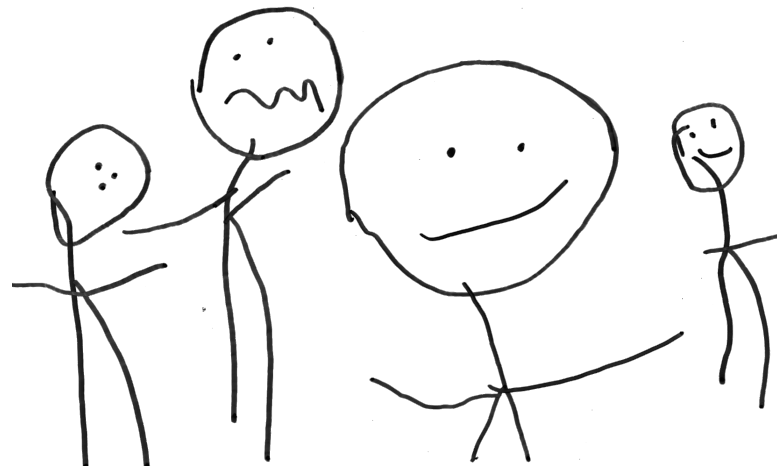


When we arrive at school,
we will be parking in the
parking lot like before.
We can say “hi” to the
dragons on the fence.



Instead of using the front door, we will enter through the
gate on the front playground. We will walk through the
playground(s) until we arrive at my classroom door.

We might have to wait a little bit outside the classroom door before we go inside. That's okay. We can play games or sing songs while we wait.



When it's our turn to go inside,
my teacher will be there to greet me!

Just like my family, my teacher will be wearing a mask.
I will be able to see their eyes and hear their voice.
The teachers will all have a picture of themselves
on their shirt.



Hi, Friends!
I have missed
you so much!
I am very happy
to see you!

I say goodbye to my family in the vestibule.
Now it's time to go into my classroom and see my friends!

When I enter the classroom, the first thing I do is wash my hands.



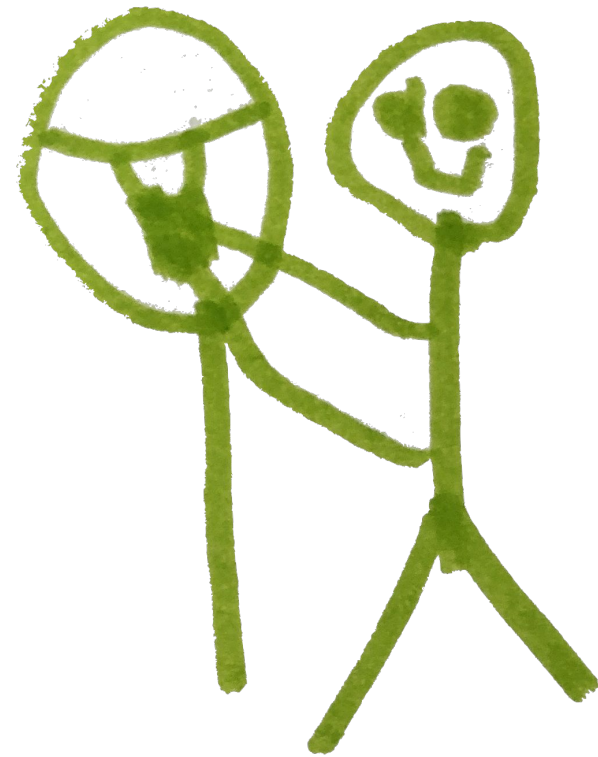
This helps everyone to stay healthy.

We will have to wash our hands a little more throughout the day:

We will still wash after we go to the bathroom,

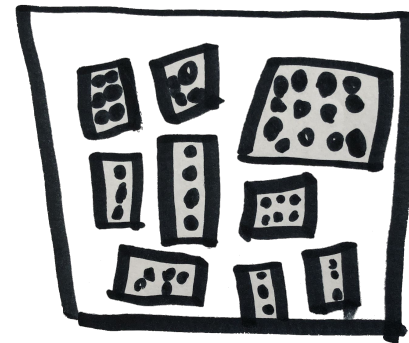
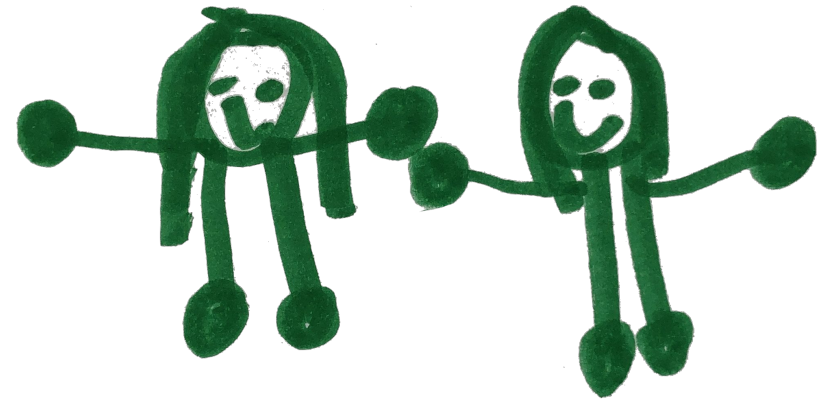
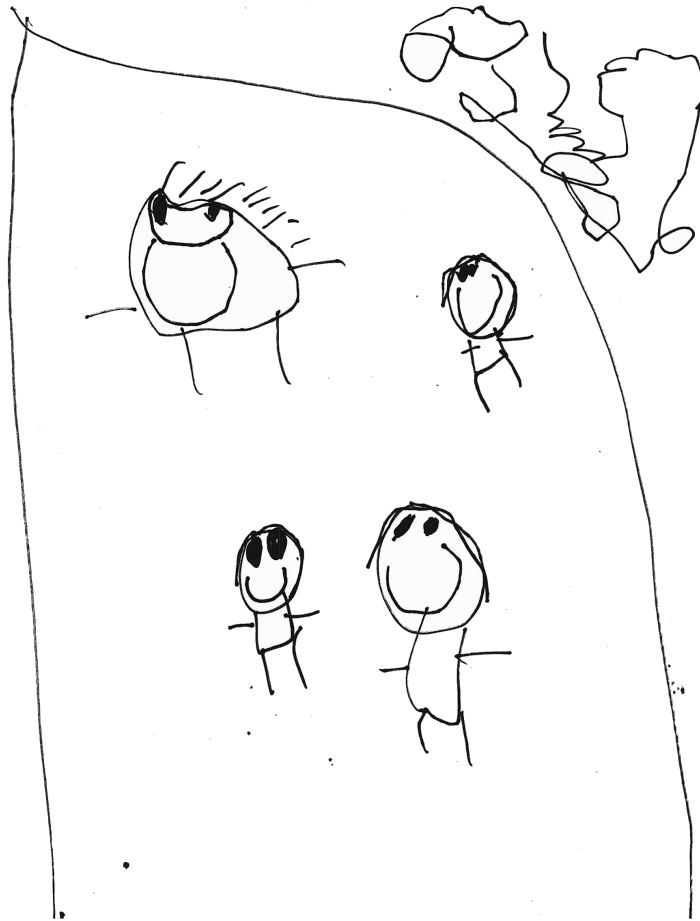
and before and after we eat.

We will also wash hands before we go outside and when we come back inside,



and of course, after we play with something messy!

After washing, I can play. In order to keep everyone healthy, we will be staying in our own classroom instead of visiting other spaces in our school.



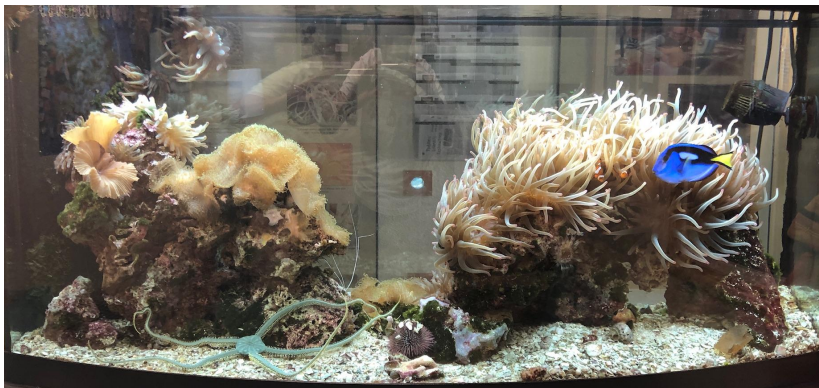
This helps keep germs from spreading.

Staying in our classroom might make us miss friends and teachers in different classrooms.



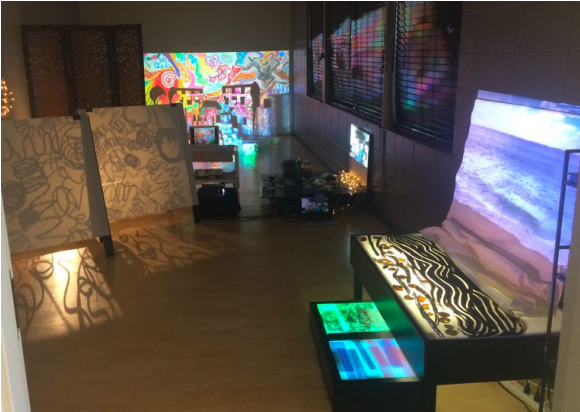
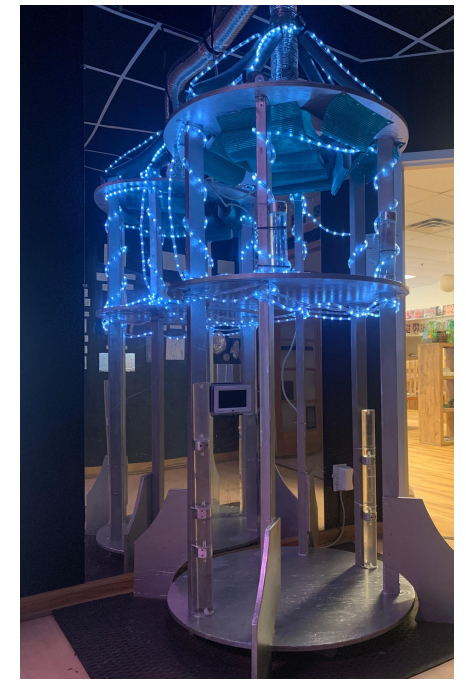
We can still wave at them from the windows and doors when we see them!

Staying in our classrooms might make us miss our school pets.



We can draw pictures of them and write letters to them!!

Staying in our classrooms might make us miss other school spaces.



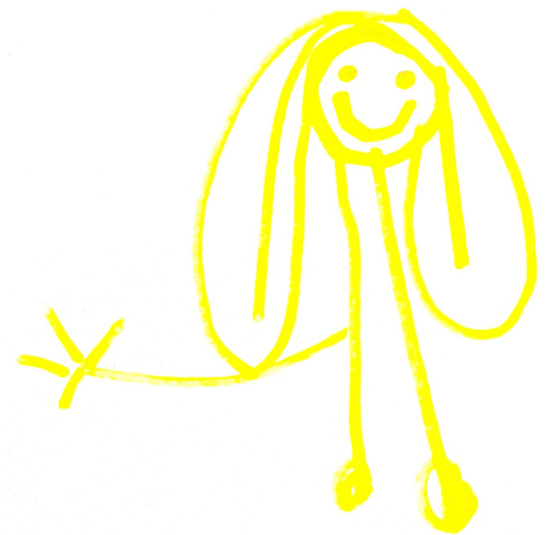
We have so many materials to use in our classroom! They are so much fun!



Hugging and touching our friends and teachers might spread germs.



We can do other things to show how much we love our friends and teachers.

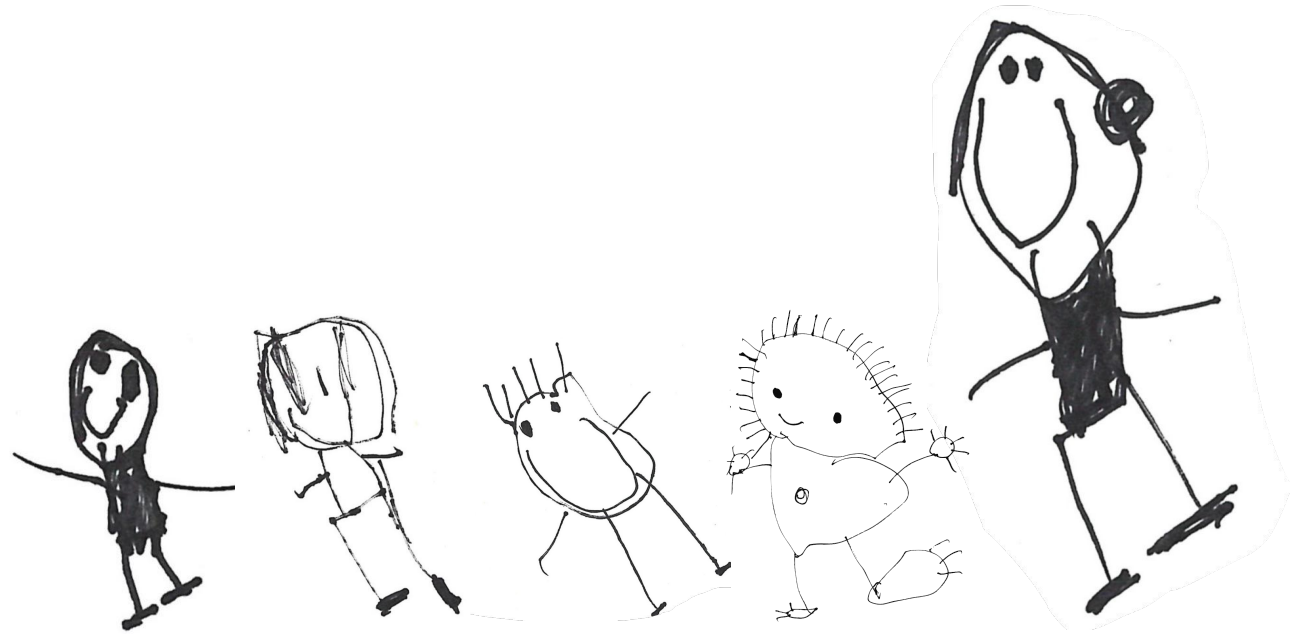


Instead of having school snack, I will be bringing my own snack to school. I will also bring my own forks and spoons!



My teachers can help me with choosing foods for my snack and for my lunch.

When it is time to go home, I will gather my belongings.
A teacher will walk with me down the hallway. They will
sit with me outside to wait for my family.



When my family arrives,
I'll wait for them to come over to get me.
I can tell them all about my day.

I notice that my day has some new routines. New ways of doing things can bring up lots of different feelings.



I might even feel different emotions all at the same time.
It's OK to feel whatever I am feeling.

I can talk to my family, teachers and friends
about my feelings, the new routines,
and any questions I have!

